Art Show
It is Art Show time of year again! Check out the flier on the back of our newsletter for more details.

Badges
Fun and funky new activity for our art show will be the opportunity to make your own badges. Notes were sent home yesterday with templates and instructions. Make your badges at the Art Show or on Tuesday lunchtime. Only $2 per badge!

Guess the lollies
Junior School Committee will once again run a ‘Guess the Number of Sweets in a Jar’ competition. You can start buying numbers from lunchtime on Tuesday. 50c per guess of 3 guesses for $1.

OVAL
Doesn’t our oval look terrific as the new green grass is beginning to peek up through the soil. The progress on our oval is largely due to the work of our Environment Committee along with the support of Sam Tucker in installing an irrigations system. In order to preserve the oval we will most likely have to rotate sections of the oval as ‘ground under repair’ - a small price to pay for a healthy lawn really!

Parenting Ideas Magazine
Follow the link to Parenting Ideas Magazine filled with articles on parenting. www.parentingideas.com.au/Parents/

Parenting Magazine
Be Cyber Smart!
Tip #3—Remember that not everyone is who they claim to be. Although it may be fun to have lots of ‘on line’ friends, adding people you do not know is not a good idea.

GARDEN COMPETITION
OMO/WOOLWORTHS
To win a $20,000 garden, planned and built with the children by Jason Hodges from Better Homes and Gardens, here at Newtown PS. Competition closes on the 17th of October. When you buy an OMO product visit the website and record your purchase. www.omo.com.au/win

NAPLAN Results will be sent home in sealed envelopes with students on Friday, October 11.

Hats
Newtown Primary School is a Sun Smart school. All students are required to wear hats in Term 1 and 4. Hats are available from our school office.

Dates to Remember

| October 14 | Family Life 3/4 |
| October 15 | Family Life 5/6 |
| October 15 | MCG excursion—Junior Grades |
| October 16 | Nude Food Picnic Day |
| October 17 | Art Show 5-8pm |
| October 23 | Geelong Cup holiday - school closed |
| November 1 | Ball Sports Day |
| Nov 25–Dec 4 | Swimming (Middle & Senior) |
| Dec 5—Dec 13 | Swimming (Prep & Junior) |
| December 5 | Church Service |
| December 19 | Last Day for Students |
**NEWTOWN PRIMARY—WALK TO SPARROW PARK**

**When:** NUDE FOOD DAY  
Wednesday 16th October.

**Where:** Local excursion to Sparrow Park - Hope Street Geelong West.

**Why:** To celebrate Nude Food Day all children will be walking to Sparrow Park at 11.30am and will return to school by 1.30pm. We hope that all children and staff will provide a lunch and snack that is free of packaging.

Nude Food Day is part of National Nutrition Week.

What to bring: Hat  
Sunscreen  
Nude food for lunch and reusable drink bottle.

Thanks for your support.

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**Student of the Week**

**Prep McKenzie: Millie R**  
For the amazing results she has achieved in Reading.

**Prep Podhorsky: Oscar H**  
For working very hard on sounding-out when writing. Great work.

**Junior Wrigley: Phoebe S**  
For the focus she has shown in all her learning.

**Junior McKinnis: Edan F**  
For showing that he is a respectful student in class.

**Middle Smith: Nikita U**  
For putting in an amazing effort in all learning activities and giving her best. Fantastic work Nikita.

**Middle Baird: Montana B**  
For her independent, well researched project & presentation on palm oil. Excellent work Montana!

**Middle Kelly: To all the children of MK**  
Thank you for working so hard and for looking after me for Term 3. Mrs. Hamshere

**Senior McClelland: Tansie B**  
For being an extremely thoughtful student and always putting others before herself.

**Senior Peel: James V**  
For his awesome effort on K Rock representing Newtown PS with great pride!

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**Run Geelong**

It’s just over a month till Run Geelong on Sunday November 17th.

**Week 5 Training Program**

Day 1 – 5 min warm up  
5 min run + 3 min walk  
6 min run + 3 min walk  
5 min run  
5 min cool down

Day 2 – 5 min warm up  
5 min run +3 min walk  
8 min run + 5 min walk  
5 min run  
5 min cool down

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**eSmart**  
Last month, Rob from the Victorian police force came to the SLA to teach us about physical, mental and cyber bullying in our community. We learn about how to stop it and what to do if you’re getting bullied. These are very important things to know. Some of the advice that he gave use was; if you wouldn’t be comfortable sitting and eating dinner with everyone on your friend list on social media then delete them. Zac Kenneally

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**ASSEMBLY LEADERS:**  
Jess A and Ned A
Skipping for your life

Students take a hearty approach to staying active and healthy.

There’s a team at Newtown Primary School that not only jumps for heart health.

The Jump Rope for Heart demonstration team, skipping rope members are spreading their skills with the skipping rope and the message about keeping their own heart healthy. They know your life depends on it.

Newtown teacher and team coordinator Blaire White founded the enthusiastic team last year after an unsuccessful attempt to get a demonstration team to the school to show ropes tricks.

Miss White has taught team members tricks from her own skipping repertoire and other sources including YouTube clips. Now they perform for Geelong schools, at concerts and special events.

It’s an active, engaging and fun way for the kids to do some physical activity every day,” Miss White says.

The Heart Foundation Jump Rope for Heart, celebrating its 20th anniversary this year, aims to get kids from over 2000 Victorian schools to the physical activity and fundraising program. This year Newtown School raised $2286 for Jump Off Day to help fund research in the fight against heart disease and stroke.

The 14-strong demo team of Newtown students from grades 4 to 6 gave up their lunch break twice a week to train. With ropes swinging, skipping in perfect time to the music and tricks including double Dutch, figure eights and samoan spin moves, even done solo and break dance while skipping.

Team members, Tom, 12, and Tannen, 11, love skipping and keeping fit. “It pretty much like everything, it’s fun,” Tom says.

And he urges kids to pick up a rope and slip their way to a healthy heart. “Just get outside once a day and skip do some exercise.” Tannen says.

“Skipping is not only fun, but is great for your body and brain.”

Your heart keeps you alive and there are pressures with heart problems so it’s good to fund raise for them,” she says.

“Skipping is important to keep your healthy heart.”

WRISTBAND by RESPECT RANGERS

The Respect Rangers are made up of our Junior School Committee members who are committed to noticing members of our school community showing respect for others, themselves, learning and the environment. Students awarded a wristband are encouraged to wear them to school everyday!

LEARNING—Pahul S — Remaining focused during Personalised Learning Time in the SLA.

SELF—Astrid T — Listening carefully to all instructions at Concert Practise at the Arena so she knew exactly what to do on the night.

ENVIRONMENT — Patrick J — Taking responsibility for returning lost Nude Food containers back to their owners.

OTHERS — Will H — Sitting and listening carefully to the Indonesian Puppet Presentation.
Newtown Primary School
ART SHOW
Thursday 17th October
5pm till 8pm

You’re invited to an exhibition and celebration of artwork by our awesome Newtown Primary School students.

Book it in.... Thursday 17th October 5pm till 8pm

Purchase dinner, listen to live music, and come see your kids art on display!

Kids Get Crafty!
Arts Treasure Hunt, Hamper Prizes, Badge Making and Guess the Lollies!