Today we went to Cranky Bear. It wasn’t a bit scary. I was surprised at the people singing. I enjoyed the show but think the people shouldn’t sing. The message was to care for others, don’t distract them and don’t do anything to upset them.

The characters were Cranky Bear, Zebra, Moose, Lion and Sheep. The actors were Stuart Day, Nicholas Cannon and Jude Henshall. They were very good singers and I want to see it again because the music was great. I also liked the smoke and the lights. The setting was good, in particular, the shiny green cave in the shape of a bear’s head.

It was unexpected that it was different to the book.

Hamish

I loved Cranky Bear because the music was nice. The costumes were sparkling and cool. I loved the lion because she was very funny.

Emily

In Part Six, the sheep cut off her wool. I thought that she had chopped her T-Shirt!

Basketball

On Wednesday October 14, the basketball team played at the Arena in the Division basketball play-off. We lost the first game to the Lara Giants by 15 points. We played well and showed great sportsmanship.

Then we had a ‘bye’ and something to eat. Our next game was against Belmont Primary School where we won by 21 points; a great confidence builder for our team!. We lost our next game against St Therese by only 3 points. Then we played the overall winners for the day, Christian College and lost by 10 points.

We came 4th in our age group. The team comprised Rory, Riley, Isaac, Ben, Jackson, Sam, Harry, Conor, Harry and Levi.

We would like to thank Darren for coaching us and Damian for driving us to the Arena.

By Riley, Ben and Isaac
1 week to go! The students at Newtown Primary School have been working hard the past term to create some amazing artwork for Uno’s Garden.

Our Arts festival is to be held on Thursday 29th October 5 – 8 pm. This wonderful night is a celebration of The Arts at Newtown Primary School including Performing and Visual Arts. Throughout this day, all students will be participating in a dance workshop run by Footsteps to learn a dance routine to perform at The Arts Festival.

This day also coincides with the annual event Music Count Us In, where students all over Australia come together to sing the same song at the same time. This year’s song is called “Gold” and features Marcia Hines. The students have been learning this year’s song in their Arts session. The Arts Festival day and night is sure to be a fun filled celebration of the Arts!

Looking forward to seeing you there!!

Mrs Sadowy

**Timetable of performances**

6:00 Newtown PS Whole School Singing "Gold"
6:15 P/1/2 Grade Performance
6:30 Middle Grade Performance
6:45 Senior Grade Performance

**SunSmart message**

Newtown primary School is a registered SunSmart school member committed to ensuring students and staff are protected from too much UV which can cause skin and eye damage and skin cancer. Our school uniform includes covering clothing and sun protective hats and we have shady spaces for students to access. But we need your help. SunSmart recommends SPF30 or higher broad spectrum, water resistant sunscreen be applied to any skin not cov-

**Student of the Week**

**Prep Smith— Hamish H**
For his brilliant descriptive writing about a witch’s nose.

**Prep Podhorsky— Ava M**
For writing a fantastic story about a princess and a monster.

**Junior Hamshere— Sage M**
For her beautiful handwriting and thoughtful school work. Always a great effort Sage.

**Junior Haberfield/Weller— Sheree L**
For her excellent focus and respect for others this week.

**Middle Bedson— Oliver S**
For your unbridled enthusiasm in performing at the school concert.

**Middle Ashkanasy— Mahala D**
Working confidently to improve her maths skills.

**Middle McKinnis—Phoebe S**
For sharing her ideas and providing great insights in classroom discussions.

**Senior Baird— Jaidyn M**
For making a huge effort to improve his writing. Well done.

**Senior Baird—Shannon A**
For looking out for his friends and showing our value of respect.

**Senior McClelland— Harry R**
For the effort he went to in helping take on extra responsibility for our SLA homework. Nice one!

**Senior Peel— Bobby G**
For his caring and calm nature, especially when looking out for his mates!

**BPAY:** Please remember that Bpay is available for excursions, incursions, camp, swimming that cost $6 or more. Just write on note—paid Bpay—or email us. Your reference number is on your Statement.

**Assembly—FRIDAY AT 3PM**
**Leaders: Tom C and Shylah T**
ered by clothing. Our school will be implementing strategies to help remind students to apply sunscreen before heading outdoors.

Please help support this initiative by:
Supplying your child with SPF30 or higher, broad-spectrum, water-resistant sunscreen for use during school hours
Talking to your child about the importance of using sunscreen regularly to help prevent skin damage and skin cancer
Ensuring your child knows how to apply their sunscreen independently and has had some practise so they will be all set to apply it safely at school
Being a SunSmart role model at home with sunscreen, hats, clothing, shade and sunglasses.
Sun protection is a shared responsibility. For more information about sunscreen please visit sunsmart.com.au

Planning for 2016
Do you know any children turning 5 before April 30. They are eligible to start school in 2016. Please contact the school for enrolment forms.
Do you know if you are planning to leave our school at the end of the year?
Please notify the office so we can consider this in planning for 2016.

Newtown is a H2O only School
Did you know our school is a H20 only school?
Our Arts Team have designed a new sign celebrating our achievement! Susan Parker from Barwon Health presented the sign to our Arts Team at a recent assembly.
See some tips on the table below about reducing the consumption of sugary drinks.

<table>
<thead>
<tr>
<th>Danger drinks</th>
<th>Examples</th>
<th>The problem</th>
<th>Healthy alternatives</th>
</tr>
</thead>
<tbody>
<tr>
<td>Soft drinks</td>
<td>Coca-cola, Sprite, Schweppes, Pepsi,</td>
<td>Extremely high in sugar and contributes to a sweet craving</td>
<td>Soda water with a slice of orange or lemon</td>
</tr>
<tr>
<td>Cordial</td>
<td>Cottees, Schweppes, Golden Circle,</td>
<td>Extremely high in sugar and contributes to a sweet craving</td>
<td>Plain water with some crushed berries</td>
</tr>
<tr>
<td>‘Sports’ drinks</td>
<td>Gatorade, Powerade</td>
<td>Extremely high in sugar and contributes to a sweet craving</td>
<td>Plain water</td>
</tr>
<tr>
<td>Juice</td>
<td>Golden circle, Daily Juice, Just Juice,</td>
<td>Extremely high in sugar and contributes to a sweet craving</td>
<td>Water with a slice of fresh fruit</td>
</tr>
<tr>
<td>Flavoured milk</td>
<td>BigM, Nippy’s, Oak, Dare, Devondale, Calci-yum</td>
<td>Extremely high in sugar and contributes to a sweet craving. Some also add caffeine.</td>
<td>Low fat milk with a single teaspoon of milo or ovalteen</td>
</tr>
<tr>
<td>‘Energy’ drinks</td>
<td>Red Bull, Mother, V, Monster, Pepsi Max</td>
<td>Extremely high in sugar AND caffeine. Contributes to a sweet craving. Has addictive properties. Can cause significant health concerns</td>
<td>Green or weak black tea or a mild coffee if you really crave the caffeine.</td>
</tr>
</tbody>
</table>
Newtown Primary School ARTS SHOW
Thursday, October 29

The Newtown Arts Show is always a spectacular event on the Newtown calendar.
While we celebrate the Arts work of our talented students, the Arts Show provides an opportunity to build community!
Are you able to contribute time, energy or a particular skillset to this event?

Name: ________________________ Ph: ________________________

Would like to help out on the Newtown Arts Show night by . . .

☐ Preparing food for sale
☐ Selling food for dinner
☐ Clear up
☐ Craft stall
☐ Other - specify *

*If you select Other, please specify below.

Newtown Primary School ARTS SHOW
Thursday, October 29

NAME: ________________________ PH: ________________________

Would like to help out on the Newtown Arts Show night by . . .

☐ Preparing food for sale
☐ Selling food for dinner
☐ Clear up
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